

ISSUE: SUMMER 2014 Vol - XVIII

PSRD NEWS



International
Osteoporosis
Foundation



INSIDE THIS ISSUE

***QUARTERLY PERFORMANCE**

***NEW DEVELOPMENTS**

***ACTIVITIES**

***ALTSO PROJECT UPDATE**

***BURKI PROJECT UPDATE**

***FUTURE EVENTS**

***MAJOR DONORS**

***FLOOD APPEAL**

***PLEASE SUPPORT US**



THE PAKISTAN SOCIETY
FOR THE REHABILITATION OF THE DISABLED
REGD. 1957

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EDITOR PSRD NEWS
Ghazala Hameed

Performance at a Glance APRIL - JUNE 2014

Hospital (Out Patient and In Patient Record)

7832 patients registered and categorized in A-E category.

'E' Category treated free.

6249 patients examined by Medical Officer.

1553 'E' Category patients treated free.

161 staff and **111** PSRD High School Students given free medical treatment.

1317 surgeries conducted.

3172 X-Rays done.

1417 Laboratory Tests.

Occupational Therapy and Speech Therapy Unit

263 patients attended by Occupational Therapist

585 treatment sessions given.

49 patients attended by Speech Therapist.

126 treatment sessions given.

Skill Development Unit

27 trainees trained in various Arts & Craft unit.

Rs. 611,607/- income generated from Arts & Craft Section.

26 trainees trained in Tailoring Section.

Rs. 710,460/- income generated from Tailoring Section.

67 students trained in Computer Training Courses.

Physiotherapy Unit

1846 patients attended by Physiotherapist.

13684 treatments given.

Orthotic and Prosthetic Unit

1027 patients attended.

1226 appliances manufactured.

1034 appliances delivered.

Vocational Rehabilitation Centre

13 disabled persons given loan of

Rs. 440,000/-

Community Based Rehabilitation (CBR)

457 patient checked by lady doctor.

188 children and women immunized.

457 women and children given free medicine.

519 population surveyed.

35 girls vocational workshop enrolled.

7 girls primary education.

101 burki project.

PSRD High School

No. of Students: **210**

NEW DEVELOPMENTS

A 15 seater Toyota Hiace Bus was donated for the PSRD school children by World Rehabilitation Fund (WRF) and The PSRD Foundation (TPF). PSRD is very grateful to them and to the donors in United States whose generosity made this possible. It will be of great help in providing free pick and drop facilities to the children with disabilities who attend PSRD High School.



Renovation work has begun in PSRD Orthopaedic Hospital. The work will be done in phases. In the first phase, Male D ward will be renovated, along with bathrooms, Central Kitchen and Matrons Room. When refurbished, bed space will increase by almost 50%. A new much needed post op ward is also being made which will be used for patients recovering from surgery.



| ACTIVITIES |

1st death anniversary of former PSRD President, Begum M. H. Sherazee was observed on 28th May, 2014 with a milad which was attended by PSRD Executive Committee, staff and students of PSRD High School. In the morning some members visited the grave, laid flowers and prayed for the departed soul.



PSRD High School arranged a recreational trip for students at Jallo Park on 3rd May, 2014. The children enjoyed the excursion tremendously and had great fun on the swings and see saws.

PSRD school children participated in a function for special children organised by Technical Services Association (TSA). They sang mili naghma, participated in competitions and were awarded prizes.

PACADE (Pakistan Association for Continuing Education) organized a Round Table discussion in the Quaid e Azam Library on 8th May 2014 on "Equal Rights, Equal Opportunity - Education and Disability". President PACADE, Mr. Inayat Ullah, members and guests from NGOs participated in this discussion. Role of PSRD, with reference to education for disabled students and inclusive education was highlighted.



Association Rising Star organised an award giving ceremony on 9th May, 2014. 15 students of PSRD High School and sports teacher attended the function. Md. Shoaib, (ex-student PSRD) and Mr. Iftikhar ali, PEI PSRD High School, were awarded Best Athlete and Best Coach respectively.

PSRD students participated in a painting competition organised by Roshni Association on 13th May, 2014. They got 1st, 2nd and 3rd positions.

Salman Khan, Class 8, 1st position
Imran Younas, Class 8, 2nd position
Razia, class 5, 3rd position

14 Students participated in the summer internship program. They belonged to various institutions such as UCP, Beacon House, Salamat Academy, Lahore Grammar School, P.M Youth Internship Program and Punjab University.

20 students from PSRD attended Boy Scouts Summer Training Camp in Ghora Gali along with Deputy Head PSRD School, Mr. Sohail.



Disability Certificates were facilitated for 17 PSRD school students.

12 Students from Childrens Hospital came for internship to the Occupational and Speech Therapy Unit.

Public Relations Department staff attended a workshop organised by Punjab Welfare Trust for the Disabled on Importance of Social Media for NGOs.

PSRD School students with their mothers participated in Morning Show of Geo TV on the occasion of Mother's Day. Participants discussed the important role played by parents of special children as well as the contribution of organisations for special persons.



| ALTSO PROJECT UPDATE |

ALTSO project to provide free artificial limbs and appliances for children with disabilities benefitted a record number of children this quarter. From April June, 85 children were provided orthotics and prosthetic appliances. PSRD and the young patients are grateful for the support provided by ALTSO.



Before



After



Before



After



Before



After

Kashif

Abdul Rehman

Faiza

| BURKI PROJECT UPDATE |

Burki Project 2014 is going well. Under Child Health Component 70 children have been treated free of charge up to June 2014. CBR team along with lady doctor, physiotherapist and community worker have been visiting Burki regularly, holding clinics at Kim Gul Center and City Foundation School. Once again majority of cases (23) were children with Cerebral Palsy. Children who needed specialized treatment were brought to PSRD. Under Maternal Health 46 women have benefitted from free medical treatment, consultation and medicines up to June 2014.

Majority of the women (22) were antenatal cases who were given checkup, guidance on the importance of good diet, regular ultrasound, blood tests and regular checkup. They were provided with free supplements. Workshop was held on Maternal Health and Child Care on Saturday 14th June at the Kim Gul Center. It was attended by 70 women from the locality. Topics discussed included problems of early marriages, marriages with close relatives, forcible marriages, marked disparity in age etc. A local NGO also gave a presentation. The workshop was very much appreciated by all the ladies present.



| Success Story |

Hamid Ghulam Rasul, 13 yrs of age is a student of Class 6 in The Citizen Foundation school. He is the oldest of five children. His father works as a labourer in a metal shop and finds it hard to make ends meet and support the family. Hamid was born with his right leg substantially shorter than his left leg because of which he could only walk with great difficulty. Hamid was brought to the PSRD for his first check up on 29th April, 2013 and was advised by Dr. Javed Iqbal that he would need a series of operations. However, due to his physical weakness, he had to be first given supplements to help him get fit for the surgery. Following X-ray and blood tests, he was operated on 5th July, 2013.

His second operation took place on 6th January, 2014, third operation on 20th March, 2014 when he was measured and fitted with AFO and appropriate shoe. Fourth operation took place on 8th April, 2014 in which contracture of his knee was straightened. All these interventions were carried out by PSRD under the Burki Project, absolutely free of charge. Subsequent to the surgeries he has been checked by the medical staff at regular intervals. He now walks easily with the AFO. He and his family are very grateful to the CBR dept., PSRD medical staff and the project donor for this help.

| FUTURE EVENTS |

<i>Eid- ul-Adha</i>	<i>06th October, 2014</i>
<i>RI AGM Warsaw, Poland</i>	<i>06th October, 2014</i>
<i>World Arthritis Day</i>	<i>12th October, 2014</i>
<i>BJD World Summit London</i>	<i>12th October, 2014</i>
<i>World Spine Day</i>	<i>16th October, 2014</i>
<i>World Trauma Day</i>	<i>17th October, 2014</i>
<i>World Pediatric BJD</i>	<i>19th October, 2014</i>
<i>World Osteoporosis Day</i>	<i>20th October, 2014</i>

“ Healthy Bones ” Rally, 17th - 20th October, 2014

To promote awareness of bone health and in conjunction with Bone and Joint Action Week, PSRD is organising a motor bike rally, with the collaboration of Motorbike Association of Pakistan. Rally will start from Lahore on 17th October, go to Multan and back stopping in Okara, Sahiwal, Faisalabad and Renala. It will end at Lahore on 20th October. A special function is being organised at PSRD to observe World Osteoporosis Day.

| FLOOD APPEAL |

At the time of going to press, floods were creating havoc in Pakistan, with over 300 lives lost and more than 2 million people affected. PSRD being low lying was also severely impacted. We appeal to you to support us with your donations to replace/repair damaged furniture and equipment.



| MAJOR DONORS |

- ❖ World Rehabilitation Fund Inc.
- ❖ ALTSO
- ❖ Ali Raheem
- ❖ Sh. Amir Hameed & Mrs. Ghazala Hameed
- ❖ Ahmad Saeed
- ❖ Mrs. Col. Aslam Ali Shah
- ❖ Ali Mubashir Kazmi
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- ❖ Shahzad Ahmad
- ❖ Syed Waqar Ashraf
- ❖ Dr Parveen Ispahani
- ❖ Haji Muhammad Yasin
- ❖ Mughis ud Din Butt & Family
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- ❖ Dr. Nasir Saeed Butt
- ❖ Shoaib Younas
- ❖ Naveed Bandial
- ❖ Haji Muhammad Asghar Ismail
- ❖ Karamatullah Niazi

Concession given to Patients this quarter

Total Concession given to deserving patients
Rs. 1,970,643/-

Sadqa meat received and distributed to
poor deserving people and other charitable
organizations.
Kg. 2995/-

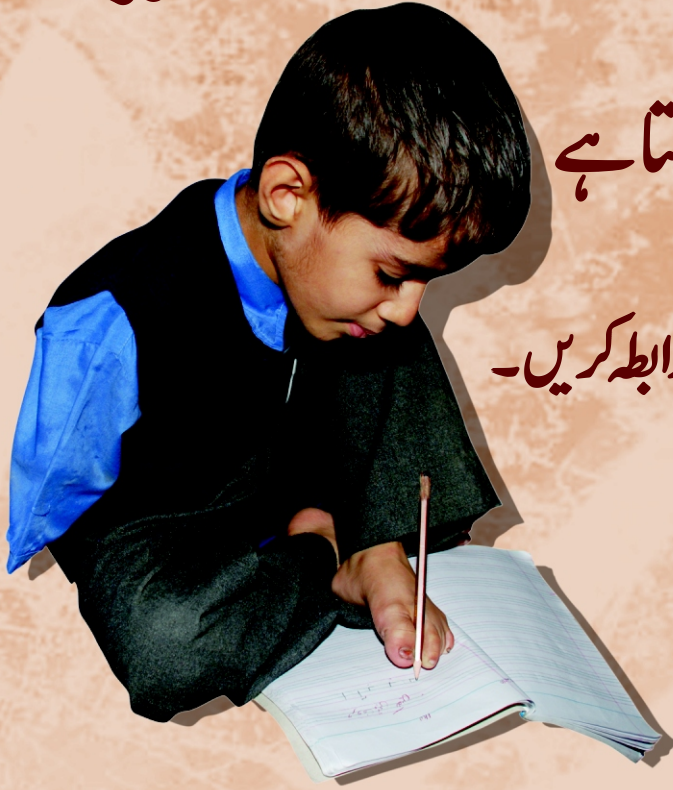
We thank all our donors for their generous support

PSRD is registered under the Voluntary Social Welfare Agencies (Registration & Control) Ordinance 1961 vide Registration No. DSW/127 of 3rd July, 1963. The Society is also registered under the Societies Registration Act, XXI of 1860 vide No. 38 LR of 1959 1960 on 2nd October, 1959.

All donations are exempt from tax. Our accounts are audited yearly by M/s Naveed Zafar Hussain Jaffery & Co. Chartered Accountants.

PSRD has been certified for its professional management by PCP.

قربانی کی کھالیں یہاں دیں



آپ کا تعاون ان بچوں کی زندگی بدل سکتا ہے

گھر سے قربانی کی کھال اٹھوانے کے لیے اس نمبر پر رابطہ کریں۔

0300 448 8972



**THE PAKISTAN SOCIETY FOR THE
REHABILITATION OF THE DISABLED**

ادارہ بحالی و معذوراں المعروف ”ہڈی ہسپتال“

۱۱۔ فیروز پور روڈ لاہور۔ مزید معلومات کے لئے۔ 042 37427130, 042 37582860

Please Support PSRD

Cash: Cash at PSRD account office

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Account Title: The Pakistan Society for the Rehabilitation of the Disabled

Account # : Pak Rs. 0021-002246-01-5
0081-002246-01-2

IBAN Account: US \$. 0021-0418-002246-01-9

Bank : Bank AL Habib Limited, Ichra BR. Lahore. at any branch

Swift Code : BAHLPKKA

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PSRD

111-Ferozepur Road, Lahore -54000

Or

At any branch of Habib Bank Ltd.

Account # : 04440036097303

Donation made by donor in USA
be mailed to

WORLD REHABILITATION FUND INC.

(PSRD Lahore)

Suite 704, 16 East 40th Street,
New York, NY 10016, USA

**With a copy of the donation cheque
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P.O. Box 3588, Princeton,
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Your Donations, Zakat and Sadqaat can make a difference



Name: _____

Address: _____

E-mail: _____ **Telephone:** _____

Amount donated: _____ **Donation** ☐ **Zakat** ☐

I am enclosing a cheque for Rs. _____

All donations must be in the form of crossed cheque in favour of **"THE PAKISTAN SOCIETY FOR THE REHABILITATION OF THE DISABLED"**

Please send your Contribution to:

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