

Healthy Workplaces Campaign 2023-25

Safe and healthy work in the digital age



“Musculoskeletal Health in the Digital Age of Work – the good, the bad and the ugly”

Webinar 13.00 - 14.00 CET, Thursday 31 October 2024

Register in advance for this webinar:

https://lu-se.zoom.us/webinar/register/WN_KK-4oZnhTci2fsAOjY4aUQ

After registering, you will receive a confirmation email containing information about joining the webinar.

The world of work is changing. Digital technologies are rapidly changing how, where and when we work. For workers and employers in all sectors, digital technology offers increased opportunities but also presents challenges and risks in terms of safety and health. The campaign aims to raise awareness and practical knowledge about a safe and productive use of digital technologies at work, and about new and emerging risks and opportunities related to the digital transformation of work. This is by bringing stakeholders together to share knowledge and good practice.

The Global Alliance for Musculoskeletal Health and EULAR are hosting this webinar for employers, health and safety professionals and for policy makers to highlight the opportunities and the risks that the digital age of work brings to musculoskeletal health – amongst the commonest reasons for people to leave the labour market both short and longterm.

We will consider

- how digitalisation can promote and protect MSK health and support people with MSK conditions with personal and organisational case studies.
- the risks to MSK health through sedentary behaviour; increasing risks ie repetitive activities performance managed by an app; and ways it may adversely impact on people with RMDs due to lack of flexibility.
- the longer term risks of changing how people work and how it needs to be changed to benefit people and society.

The outcome will be a better understanding of how workplaces can take advantage of digitalisation and mitigate the risks.